

PARKINSON'S NSW INC

Level 1
25 Khartoum Road
NORTH RYDE NSW 2113

Postal Address:

PO Box 71
NORTH RYDE BC
NSW 1670

Contact numbers:

InfoLine 1800 644 189
Reception 02 8875 8900
Fax 02 8875 8999

Website:

www.parkinsonsnsw.org.au



Parkinson's NSW

WHO WE ARE

Parkinson's NSW Incorporated is a non-profit, community-based organisation established in 1979 to provide information, counselling and support to people living with Parkinson's disease.

We work in partnership with a network of support groups throughout the State.

We encourage research into Parkinson's disease and co-operate with those undertaking it.

We advocate on behalf of the Parkinson's community and strive to increase community awareness of the disease.

We look towards taking a leadership role in representing the Parkinson's community in New South Wales and Australia-wide.

OUR VISION

A community free of Parkinson's.

OUR MISSION

To enhance the quality of life of all people living with Parkinson's disease.

THE BOARD OF PARKINSON'S NSW INC.

President

John Silk

Vice President

Allen Cropp

Council Members

Bruce King OAM

Dick Babb – **Secretary**

Dr Kay Double

Dr Sarah Mott

Greg Pynt – **Treasurer**

Patricia Barkley

Peter McWilliam

Rebecca Silk

Samuel Chu

Chris Davis

PRESIDENT'S REPORT



2007 has been a full and productive year for Parkinson's NSW Inc; a year that continued to build and develop the initiatives of 2006 while creating a few milestones of its own.

Last year I reported that we had moved our offices to North Ryde. Officially opened by the Deputy Premier, John Watkins in November of 2007, the office is comfortable and functioning more and more efficiently.

Even when taking a conservative approach to the furnishing and fitout of new office space, a move of this dimension can require significant financial outlay. Through a generous grant from the J T Reid Charitable Foundation, the financial burden of the move was lifted, allowing us to maintain our reserve funds.

Our continued dialogue with the NSW government has resulted in a one off grant of \$50,000 which was announced by the Minister for Health, Reba Meagher, at our Seminar at Parliament House in September. While it falls short of the recurring funding that we are seeking, it is an important first step towards Government awareness of PD.

Fund raising has continued to be a priority, as we strive to maintain and extend services. Several successful events were held, among them, the Australian Chinese Charitable Foundation Dinner and the inaugural Parkinson's Golf Day, now scheduled as an Annual event.

I feel very gratified by the support from Charitable Foundations, Service Clubs, our Members, Friends and Family and the Public at large.

This year our Life Members were invited to a morning tea at Parliament House to honour their many and varied contributions to PNSW.

At the years end our positive financial situation allowed us to fund the following:

- Three seed grants for research.
 - Dr. Kay Double – Half-salary for Research Assistant.
 - Professor Lynn Chenoweth – Keeping Well in Chronic Illness.
 - Assoc. Professor Martin Krause – Impulse Control Disorder and Quality of Life in Parkinson's disease.
- Top up Grant, under the UTS Partnership Grant Scheme, to UTS researcher Professor Lynn Chenoweth: Parkinson's disease Medication Management Protocol research project – a pilot study.
- Two supplementary living allowances for PHD candidates.
- Three grants to Medical students from the University of NSW, commencing their Independent Learning Projects with the Rural Clinical School in March 2008.
 - Patrick Rositano, Wagga Wagga campus; Parkinson's disease in Regional Australia.
 - Tenelle Camilleri, Port Macquarie campus; Descriptive study of Parkinson's disease in a regional environment.
 - Jessie McKenna, Coffs Harbour campus; Assessment of a remote monitoring system for assessing Parkinsonism.

These students will liaise closely with our support groups in their area, aiming to gain an understanding of Parkinson's. We hope to engage their interest in both neurology and rural practice.

I'm pleased to report that, as a result of last year's grant to Dr Colleen Canning, the Federal Government has awarded her and her team \$500,000 to continue their study. This is a positive that we certainly hope will be replicated.

Support Groups have maintained their importance within Parkinson's NSW Inc and continued to grow in numbers. At the end of 2007 our Support Groups numbered 52. We welcomed new groups in the Blue Mountains, Ulladulla, Maroubra and Narrabri and 2008 has started with a new group forming in the Mosman/Manly area.

The Support Group leaders/representatives Conference, held at Novartis in North Ryde, provided a platform to discuss directions and promote understanding. We were, once again, fortunate to have sponsors for the occasion; an excellent venue and catering from Novartis and airline tickets from REX. Sensational!

Our relationship with Parkinson's Australia continues to be highly supportive. Parkinson's NSW Inc recognizes the need for a coordinated national approach to many issues affecting people living with Parkinson's. The appointment of Norman Marshall as CEO and the release of the Access Economics Report into Parkinson's disease in Australia have been positive steps forward.

Through CAMRA we were successful in lobbying all governments in Australia to allow the use of therapeutic cloning. The focus now is on what advances lie ahead.

Two members of the Council's executive will be retiring this year: Vice President Allen Cropp is stepping down through ill health, but has accepted an honorary role of advisor to the Council on Support Group matters and Secretary Dick Babb is cutting back his work load to spend more time with his family. We thank them both for their many contributions to PNSW and wish them both well.

I wish to recognise the Council as a whole for their consistent cooperation and support during the year. The smooth functioning of the Council has had a significant impact on our ability to achieve so many of our goals. Special thanks also must go to our CEO Miriam Dixon, and to all our staff and volunteers for their dedication, which at times far exceeds their job description.

I look forward to the larger challenges of 2008/9.

John Silk
President

CHIEF EXECUTIVE OFFICER'S REPORT



As John Silk has said in his President's Report, 2007 has been a full and productive year. I would like to take this opportunity to provide details of some of our services, and of developments over the last year.

Information and Education Services

Our InfoLine (1800 644 189) is often the first point of contact for people living with Parkinson's disease. It provides access to tailored, accurate, up-to-date information on Parkinson's and, where appropriate, a referral to support groups and our counselling service. People living with Parkinson's disease, their partners, families and carers call the InfoLine as they travel along their journey with Parkinson's disease to gain support and information. The service also receives calls health professionals, GPs and the general public, all seeking information about Parkinson's disease.

In 2007, we responded to over 1800 calls, a substantial increase from 2006.

As an example, a caller rang to seek advice about his mother who has end-stage Parkinson's and is in care in Shanghai. He spoke to our information officer who has a nursing background. He expressed his gratitude for the understanding and the specialized information he received over the phone.

Our Annual Seminar "Shaking up Parkinson's" at NSW Parliament House, held in September, again was booked out. We were delighted that the Hon. Reba Meagher, the NSW Minister for Health opened the seminar and announced a one off grant of \$50,000.

At the "Shaking up Parkinson's" seminar, attendees heard leading clinicians and researchers including Prof George Mellick, Dr Michael Hayes, and Assoc Prof Anthony Cooper. A highlight of the seminar was the panel of three people living with Parkinson's who had maintained their sense of adventure. Anne spoke about touring Australia with her husband on a Harley-Davidson motorbike, Eddie went skydiving for his 40th birthday and Ray successfully completed the City to Surf (see story later in this Annual Report).

Our Speakers Group members are volunteers living with Parkinson's disease (people with a diagnosis, partners and carers); they receive training in presentation skills and are given an information kit. During the year they speak to service clubs, staff in residential care facilities and students studying for medical and allied health degrees.

Coffee Mornings are held every quarter and are a special opportunity for those new to Parkinson's to get to know our staff, volunteers and others living with Parkinson's.

In conjunction with Parkinson's Australia, we have been able to provide revised information sheets on Parkinson's and its management, and a publication on medications used in the treatment of Parkinson's disease. We have also produced a pamphlet on Parkinson's disease and driving.

Research

Parkinson's NSW encourages tax-deductible donations for the purpose of supporting all aspects of Parkinson's including research. To encourage research into Parkinson's disease we launched the seed grants program in 2006. Seed Grants up to \$20,000 were offered for biological/non clinical/psychological research. An independent panel of researchers reviews applications. Three grants have been awarded this year (please refer to President's report). We feature reports from the 2006 seed grant recipients elsewhere in this report.

Support Groups

We now have 52 support groups across NSW. Support groups allow people living with Parkinson's disease, their partners, families and carers to meet to share information, experiences and tips for managing the challenge of living with Parkinson's.

Four new groups were established - in the Blue Mountains, Maroubra, Narrabri and Ulladulla. Seminars were also held with our support groups in Casino, Chinatown, Cowra, Tamworth and Tweed Heads.

Eurobodalla celebrated 15 years with a mini-seminar. Castle Hill support group held a special meeting - "Parkinson's and Osteoporosis", and the St George/Sutherland support group held a seminar on surgical interventions.

Vice-President, Allen Cropp, led information sessions for support groups about awareness raising, in Bathurst, Central Coast and Goulburn.

Support groups have been instrumental in helping us raise awareness, in particular, holding stalls in local shopping centres or libraries during awareness week. Some participated in special services at their local churches.

Support groups from across NSW sent representatives to Sydney to attend a two-day conference in July. At the meeting they heard about fundraising plans and the Access Economics report and participated in workshops. There was also a workshop on how to engage with the media. Support group leaders appreciated the opportunity to share experiences and stories from their groups with others from across the State. With the help of sponsorship from REX Airlines, representatives came from locations including Albury and Moruya in the south, Broken Hill in the west and Armidale and Tweed Heads in the north.

Living Alone with Parkinson's Program

Parkinson's NSW received a grant from the Cecilia Kilkeary Foundation to hold seminars in a number of regional and metropolitan venues for people living alone with PD. The program was designed to give specialized information and support and to offer strategies to help those people face the uncertain future. The one day seminars, multi morning seminars and weekly teleconferences featured guest speakers including a neurologist or a PD specialist nurse; representatives from Centrelink and Carelink, a legal practitioner and a PD specialist counsellor.

For people unable to reach the venues, three teleconferencing groups were held, each over five mornings. All the seminars provided opportunities to share experiences with others in a similar position. Feelings of isolation diminished, encouragement was fostered, information and ideas were exchanged. These helped people come to terms with the diagnosis of PD, and empowered participants to face the future with a renewed positive attitude.

Counselling

The counselling service provided by Parkinson's NSW aims to reach as many people as possible by face to face contact or by telephone, to individuals, couples, families or groups. The counselling offered is drawn from different theoretical perspectives all with a sound psychological base; the aim of this is to offer a service that suits the person/s involved.

The goals are to:

- reduce the anxiety, depression and stress often experienced by people touched by or living with Parkinson's
- provide education and information for those newly diagnosed to assist with the adjustment, and general 'coming to terms', with a diagnosis
- provide information and education critical to maximising one's quality of life
- support Parkinson's Clinics by offering psychological intervention in the context of a multi-disciplinary service delivery
- be a resource for Parkinson's support groups
- be a resource to providers of psychological therapy, other allied health professionals and medical practitioners on psychological states specific to Parkinson's

The young men's network is an example of a counselling service group program. The network has been established to address the concerns of young men diagnosed with Parkinson's disease.

Telephone counselling appointments are also available. As one caller said: *"I felt that I had reached the end of my rope, but after our talk I felt a load had been lifted from my shoulders"*.

Our service provided 731 phone counselling sessions and 428 face-to-face counselling sessions in 2007.

Advocacy and Awareness

Throughout 2007, we attended meetings with the Honourable Reba Meagher and the Honourable Kristina Keneally, Minister for Ageing and Disability, and their respective advisers. We will continue to lobby government on behalf of the Parkinson's community.

We have continued to seek opportunities in the media to raise awareness of Parkinson's. In particular, we drew attention to the Access Economics Report which highlights the social costs of living with Parkinson's and the economic and other benefits of various support strategies.

NSW Stem Cell Legislation

Legislation to allow stem cell research and therapeutic cloning (as recommended by the Lockhart Committee) was passed by the Commonwealth Parliament in December 2006. The Victorian Parliament passed mirror legislation in April 2007. Similar legislation was introduced to the NSW Parliament in 2007.

Before the Bill's introduction to the NSW Legislative Assembly, the Honourable Verity Firth, Minister for Science and Medical Research and Minister Assisting the Minister for Health (Cancer), arranged two parliamentary information sessions for members of Parliament. We participated on a panel, along with key researchers and fellow consumer organisations that are members of the Coalition for the Advancement of Medical Research Australia (CAMRA).

We were able to draw the Parkinson's NSW Position Statement on Stem Cell Research to the attention of MPs and their advisers (this is available on our website).

We contacted members of both Upper and Lower Houses encouraging them to vote in favour of the proposed legislation. On June 7, the legislation was passed in the NSW Legislative Assembly by a vote of 65-26.

Appreciation

I would like to thank the President, Executive, Council, other volunteers and our staff for their enthusiasm and dedication in working together for the Parkinson's community. As we continue to seek to achieve more in funding, services and research, that support will be as important as ever.



Miriam Dixon, CEO
February 2008

FUNDRAISING REPORT

Parkinson's NSW has implemented many of the recommendations outlined in the 3 Year Fundraising Strategic Plan that was developed by Fundraising Dynamics through our fundraising consultant Marty Rhone.

Firstly, a grant of \$100,000 was received from the John T Reid Charitable Trust which enabled us to move our head office and operations from Concord Hospital to Khartoum Road, North Ryde. The new offices were officially opened by the Deputy Premier and local member John Watkins on 5th November 2007.

The direct mail campaigns for the year followed on from our first, the Christmas appeal of 2006. For the first time, we ran a modest campaign in May which resulted in \$32,000 being raised and forty one new donors supporting Parkinson's. We ran a second campaign towards the end of the year which raised a further \$16,000. Direct Mail campaigns will be a regular component of our enhanced fundraising program. They provide vital funding for the organisation and allow us to maintain communication with our valued supporters.

We ran a major fundraising event in the form of the inaugural Parkinson's Golf Day which was held at the very picturesque St Michael's Golf Club on the southern peninsula of Sydney. The day raised an exceptional \$46,000 and included major sponsorship from Virgin Atlantic, Sydney Airports Corporation, Babcock & Brown, Cromwell Corporation and Sydney Markets.

A number of bequests have added substantially to our income in 2007 resulting in a record year for the organisation in terms of money raised but there is still a long way to go. Further fundraising initiatives will be explored in the near future with the aim of establishing a broader fundraising program that will provide improved financial stability for the organisation.

We have greatly appreciated your support in this important transitional period in our history and we look forward with great optimism. A continuation of your support will enable us to enhance our work on behalf of people with Parkinson's.

Marty Rhone
Fundraising Consultant

RAY GROVES STORY



Ray Groves had always been fit. A serious road cyclist for 15 years, he rode an average of 100km every weekend. As a toolmaker he had built up a worthwhile business; then he noticed a bad tremor and couldn't swing his left arm. He then started dropping things. The medical diagnosis was Parkinson's disease.

For thousands in our community who are physically fit and able like Ray this is unimaginable, absolutely devastating.

Ray stopped working as a result of his deteriorating health but wouldn't admit he had Parkinson's – *"I was in denial. I slipped into very bad depression. Just after Christmas 2006 I joined a Parkinson's support group and became a member of Parkinson's NSW. It has turned my life around."*

Ray walks every day now, aiming for at least 5km and is in training to run a second marathon. He also loves spending time with his four grandchildren and in March last year spent the whole day with his eldest grandson at the Easter Show.

Calling our 1800 number and accessing our free Counselling Service made all the difference for Ray.

PARKINSON'S NSW RESEARCH GRANT REPORT

Project Title

Can support group-based exercise reduce risk factors for falling in people with Parkinson's disease?

Project Investigators

Dr Colleen Canning, The University of Sydney

Dr Catherine Sherrington, The University of Sydney

Professor Stephen Lord, Prince of Wales Medical Research Institute

Dr Victor Fung, Movement Disorders Unit, Dept of Neurology, Westmead Hospital

Dr Jacqueline Close, Staff Specialist Physician, Prince of Wales Hospital

Dr Mark Latt, Staff Specialist Geriatrician, Prince Alfred Hospital

Ms Natalie Allen, The University of Sydney

Project Outline

In 2006, Parkinson's NSW provided us with \$19,880 in funds to conduct this pilot project. The aim of the project is to determine whether a 6-month program of *support group-based exercise* can reduce risk factors for falling in people with Parkinson's disease. Forty participants with Parkinson's disease will be randomly allocated to an experimental or control group. The experimental group undertakes a monthly *support group-based exercise* class combined with home exercises. The exercise program targets potentially remediable risk factors for falls, ie, impaired balance, reduced leg strength and freezing. Both groups receive falls prevention advice and are provided with a falls diary for recording falls. Measures of falls risk factors are taken before and after the intervention period.

Progress

In 2007, 25 people with Parkinson's disease from three Parkinson's NSW support groups (St George/Sutherland, Dundas/Parramatta and Liverpool) were involved in the project. A further 15 people from two groups (Blue Mountains and Campbelltown) will commence participation early in 2008.

We wish to thank Parkinson's NSW for funding and supporting this initiative. As well as providing the required funds to establish the project, they have given valuable assistance with recruitment by informing members in the relevant areas about the study. Trish Morgan deserves a special mention for her help and support in establishing the project in the chosen groups.

We also wish to thank the three participating groups in 2007. Special thanks to all our enthusiastic participants – and to David and Maureen Morrison, and Ian and Jan Wiseman (St George / Sutherland), Warwick and Liz Brown (Liverpool) and Margaret Byron (Parramatta / Dundas) for help with organising groups and venues.

This project, analysing the effect of exercise on risk factors for falling in people with Parkinson's disease, will be completed and submitted for publication by the end of 2008. A summary of results will be made available in Stand By Me.

Successful funding for Large Trial

We are delighted to inform Parkinson's NSW members that our research team has now been successful in attracting a large National Health and Medical Research Council Project Grant (\$574,000 over 3 years, 2008-2010) to conduct a larger randomised controlled trial. This trial will include 230 people with Parkinson's disease which will allow us to determine whether the exercise programs reduces actual fall rates. We believe that part of our success in attracting this large grant is due to the seeding funding provided by Parkinson's NSW which allowed us to undertake the pilot study and demonstrate the feasibility of the procedures and need for the large trial.

More volunteers needed

The larger trial will be recruiting participants from the greater Sydney metropolitan area, as well as Newcastle, Central Coast, Illawarra and Canberra areas. We would like to invite any person with Parkinson's disease who would like to be involved in the project or who would like to know more about the project to contact us at The University of Sydney.

Dr Colleen Canning 9351 9263

Ms Natalie Allen 9845 5538

Recipient of funding from Bondi Lions Club Parkinson's NSW Seed Grant

Thank you once again for choosing to fund our project "The effect of levodopa on speech and swallowing in Parkinson's disease". I am writing to you to report on progress made in the last year.

We have completed the hardware and software setup and collected data from 24 volunteers, 11 of whom have a diagnosis of Parkinson's disease and 13 who were neurologically healthy.

Electrical activity from muscles was collected during precisely timed and measured water swallows, finger movements and speech (consisting of nonsense syllables and phrases). Digital acoustic recordings were also made of these same speech tasks. Data was collected from patients before medication and an hour after taking the medication. We also conducted a commonly used rating scale to assess the degree of motor ability before and after levodopa. We expect to see significant improvement in rating scale scores and muscle activity from the finger. However, whether these improvements will be mirrored in swallowing and speech function is less certain.

The acoustic voice signals are to be analysed using specialised hardware and software in order to identify problems with the use and control of the larynx and its muscles to produce voice.

However, the analysis of muscle activity requires the construction of software programmes that are tailored to each type of activity (e.g. finger movement vs. water swallow) to analyse the data. This is a long process which we hope to complete by the end of February 2008. We will then be able to complete a more detailed analysis. Our preliminary analysis indicates there may be improvement on some but not all parameters of swallowing function; however these improvements are not statistically significant. This is either due to the absence of real effect or the as yet small number of analysed participants. We aim to recruit more volunteers with a diagnosis of Parkinson's disease and a similar number of age-matched neurologically healthy participants through the coming year.

Project title: Use of a stem cell model to investigate Parkinson's disease

The PD NSW seeding research grant awarded to us in 2006 enabled us to develop a novel stem cell model to investigate what happens to brain cells in Parkinson's disease. We were able to establish stem cell lines derived from volunteers with both sporadic and genetic forms of PD. Our experiments showed that energy production can be impaired in these cell lines and that α -synuclein (a protein that aggregates in affected brain cells) is also altered within these cells.

Establishment of this model is a significant advance because cultures of affected brain cells from humans are otherwise impossible to obtain. Compared to animal models, this human derived model has the potential to more accurately resemble what happens in the human brain. As a result of this seeding grant, we were able to successfully apply for a National Health and Medical Research Council Project grant. With this further funding, we hope to further investigate the changes that occur in PD and add to the understanding of molecular events that lead to neurodegeneration in PD. This will then enable us to attempt the development of other targeted and neuroprotective treatments for PD.

TREASURER'S REPORT as at 31 December 2007

It gives me great pleasure to present to you the financial reports for the year ending 31st December 2007.

The accounts contain much good news but one disturbing item. Firstly the good news: Donations have increased by approximately 25% from the 2006 year; grants and fund raising have also increased by 49% and 62% respectively. Last year I made note of the fact that the New South Wales government had not made a contribution to Parkinsons NSW. I am pleased to advise that this drought has now been broken.

Fund raising this year included the first Parkinson's Golf Day. It was organized by our fundraising consultant, Marty Rhone, and a friend of Parkinson's NSW, David Samer. David worked tirelessly to obtain prizes for the golf competition and the raffle, contributing much to the success of the function which raised \$38,630. Planning for 2008 is already under way.

Income from activities dependent on membership numbers is a notable disturbing item. We exist to service members and charge a modest membership fee. Despite the sad fact that the incidence of Parkinson's disease is increasing, our membership is not and, as a consequence, our fees and income earned from membership activities are declining. While the organization is paying its way, it is difficult to attract support from third parties while our numbers remain low relative to the Parkinson's disease population. Therefore, increasing our membership should be a priority for the new council.

Total expenses rose by \$191,000 excluding the one off costs/provision in the accounts for relocation. The major items making up this figure are increases in the following line items: Parkinsons Australia Secretariat \$18,000; Research and Grants \$24,000; salaries and employment costs \$104,000 and rent \$49,000 (included in operating expenses this year).

Our balance sheet shows Members Funds of \$691,927 up from \$656,003 last year and \$457,731 in 2005. It is pleasing to note that Grants held in Trust have almost doubled from last year to \$143,382.

The work being done by Margaret Byron on bequests is of immense importance to the future of Parkinson's NSW and will start to bear fruit in 2008. She is to be congratulated for her efforts. The Council is investigating setting up a trust into which the majority of the larger bequests will be placed. The trust funds will be invested in long term assets and the income generated, less an allowance for inflation to maintain purchasing power, will be used as Council sees fits. This way we will protect the capital while providing on going income to future Councils.

In our fund raising efforts amongst Corporate Australia, we have run into the road block in that Australian companies will give to a national body but not to individual states. If we are to successfully tap into this source of funds we will need greater cohesion and co-ordination between all state bodies than has ever been the case. The President is working on this and no more can be said at this time.

I would be remiss if I did not thank Phillip Maundrell for his tireless work in keeping the accounts and doing the reconciliations and Allan Dodd for auditing them.



G. D. Pynt
Treasurer.

DETAILED STATEMENT OF FINANCIAL POSITION as at 31 December 2007 – 1

	2007 \$	2006 \$
Current Assets		
Cash Assets		
Cheque Account	261,744	304,818
Macquarie Cash Management Account	533,357	538,570
Cash on hand	250	250
	<u>795,351</u>	<u>843,638</u>
Receivables		
Trade Debtors	65,962	16,599
Sundry Debtors	5,546	2,766
Prepayments	6,649	
	<u>78,157</u>	<u>19,365</u>
Inventories		
Finished goods - at cost	15,320	23,904
	<u>15,320</u>	<u>23,904</u>
Other		
Deposits	13,832	
GST refund	13,204	4,179
	<u>27,036</u>	<u>4,179</u>
Total Current Assets	<u>915,864</u>	<u>891,087</u>
Non-Current Assets		
Property, Plant and Equipment		
Office Equipment	94,289	76,278
Less: Accumulated depreciation	-63,533	-50,333
	<u>30,756</u>	<u>25,945</u>
Total Non-Current Assets	<u>30,756</u>	<u>25,945</u>
Total Assets	<u>946,620</u>	<u>917,031</u>

DETAILED STATEMENT OF FINANCIAL POSITION as at 31 December 2007 – 2

	2007 \$	2006 \$
Current Liabilities		
Payables		
Unsecured:		
- Sundry creditors	46,097	35,732
- Trade creditors	5,363	9,746
- Grants approved & unpaid	40,000	48,161
- Employee entitlements	19,851	12,144
	111,311	105,783
Unsecured:		
- Grants received held in Trust	143,382	17,861
	143,382	17,861
Provisions		
Provision for relocation expenses		100,000
		100,000
Total Current Liabilities	254,693	280,644
Total Liabilities	254,693	280,644
Net Assets	691,927	636,387
Members' Funds		
Accumulated surplus (deficit)	691,927	636,387
Total Members' Funds	691,927	636,387

INCOME AND EXPENDITURE STATEMENT as at 31 December 2007

	2007 \$	2006 \$
Income		
Trading profit	2,553	31,158
Seminar/Conference Fees	5,325	5,351
Donations - In Memoriam	33,767	24,515
Donations - Support Groups	13,083	10,405
Donations - Deceased Estates	215,000	205,265
Donations - Other	277,199	196,180
Grants - other	106,589	71,038
John T. Reid Charitable Trusts	100,000	
Fundraising	54,910	34,767
Interest received	30,964	36,520
Other income	1,784	248
Subs - Life Membership	1,550	6,450
Subs - Renewals	35,826	33,883
Subs - Organisational Membership	750	222
		656,002
Total Income	879,300	656,003
Expenses		
Operating	127,919	86,355
Counselling	1,485	1,470
Member/volunteer activities	11,134	17,234
Salaries & employment	387,764	283,277
Support groups	15,683	10,000
Services	29,335	28,754
Education	29,366	18,763
Public Relations/fundraising	42,075	71,180
Bequests	6,492	
Publications/resources	6,852	64
Research	35,850	50,009
Grants	57,113	20,182
Parkinson's Australia	36,547	18,637
General Awareness	9,845	
Relocation	26,300	104,956
		710,881
Total Expenses	823,760	710,881
Total changes in equity of the association	55,540	-54,878
Opening retained profits	636,387	691,265
Net profit (loss) attributable to the association	55,540	-54,878
		636,387
Closing retained profits	691,927	636,387

AUDITOR'S REPORT as at 31 December 2007

Scope

We have audited the attached financial report, being a special purpose financial report comprising the Statement by Members of the Council, Statement of Financial Performance, Statement of Financial Position, and Notes to the Financial Statements for the year ended 31 December 2007 of Parkinson's New South Wales Incorporated.

The Council is responsible for the financial report and has determined that the accounting policies used and described in Note 1 to the financial statements which form part of the financial report are appropriate to meet the requirements of the Associations Incorporations Act New South Wales and are appropriate to meet the needs of the members. We have conducted an independent audit of this financial report in order to express an opinion on it to the members of Parkinson's New South Wales Incorporated. No opinion is expressed as to whether the accounting policies used are appropriate to the needs of the members.

The financial statements have been prepared for the purpose of fulfilling the requirements of the Associations Incorporation Act New South Wales. We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

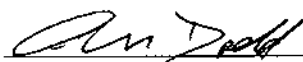
Our audit has been conducted in accordance with Australian Auditing Standards. Our procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report, and the evaluation of significant accounting estimates. These procedures have been undertaken to form an opinion whether, in all material respects, the financial report is presented fairly in accordance with the accounting policies described in Note 1 so as to present a view which is consistent with our understanding of the association's financial position, and performance as represented by the results of its operations and its cash flows. These policies do not require the application of all Accounting Standards and other mandatory professional reporting requirements in Australia.

The audit opinion expressed in this report has been formed on the above basis.

Audit opinion

In our opinion, the financial report presents fairly, in accordance with the accounting policies described in Note 1 to the financial statements, the financial position of Parkinson's New South Wales Incorporated as at 31 December 2007 and the results of its operations for the year then ended.

Signed on : 15th February, 2008



Allan M Dodd, FCPA
Frost Crane Pty Ltd
372 Pennant Hills Road, Carlingford. 2118

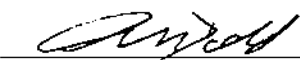
Auditor's Independence Declaration

Under Section 307C of the Corporations Act 2001 to the Directors of Parkinson's New South Wales Incorporated

I declare that, to the best of my knowledge and belief, during the period ended 31 December 2007 there have been:

- (i). no contraventions of the auditor independence requirements as set out in the Corporations Act 2001 in relation to the audit; and
- (ii). no contravention of any applicable code of professional conduct in relation to the audit.

Signed on 15th February, 2008.



Allan M Dodd FCPA
Registered Company Auditor
Frost Crane Pty Ltd
372 Pennant Hills Road, Carlingford, NSW

VOLUNTEERS

Advisory Committee:

Jacqueline Baker
Philip Board
Dr Colleen Canning
Prof. Lynn Chenoweth
Dr Alistair Corbett
Dr Kay Double
Jan Forbes
Dr Victor Fung
Prof. Glenda Halliday
Dr Michael Hayes
Dr Jasmine Henderson
Dr Frini Karayanidis
Laraine McAnally
Evelyn Collins
Sue Mercer
Prof. John Morris
Dr Sarah Mott
Dr Dominic Rowe
Dr Raymond Schwartz

Office Support Volunteers:

Raimund Steinen
David King
Judy Marshall
Joy McGrane
Sue Rance
Teddy Bradley
Lyn Smith
Mark Smith

IT Support Volunteers:

Walter Pearce

Stamp Recycle Volunteers:

Kel and Jill Healey

Stand By Me Editors:

Samantha Urry
Gabrielle Chariton

OFFICE STAFF December 2007

CEO

Miriam Dixon

Support Group Coordinator

Trish Morgan

Office Manager

Beulah Barker

Parkinson's Specialist Counsellors

Deborah England
Janine Rod

Office Administration

Chris Searles
Marianna Sain

Bequest Officer

Margaret Byron

Information and Resource Officers

Claerwen Armstrong
Lyn Smith

SPONSORS AND PRO BONO PROVIDERS

Carnegie Clark Golf	Research In Motion
Capital Group Properties	Massey Park Golf Club
Battery Golf Buggies	Nick Kazonis
West's Tigers RLFC	MartyRhone
Anthony Dinte	Fred McDonald
Alliance e-Finance	Acushnet Company
Macquarie Bank	Moore Park Golf Club
Sofitel Wentworth Sydney	Samuel Chu
Manfred Saloman	Kemeny's
Pacific International Hotel Cairns	Tulip Foundation
Piranha Golf	Charles Curran
Twin Creeks Golf Club	Sydney Markets
Hunter Valley Crowne Plaza	Lions
Wentworth Falls Golf Club	Mortgage Force
St George Bank	eGolfScore
Gap Studio Portraits	Cadbury Schweppes
Swingmaster Golf P/L	Tooheys
Mike Anderson	Hardy Wines
Olympic Proline Golf	BlackBerry
Pacific Dunes Golf Club	National Australia Bank
Accor Hotel Group	Vilensky Paper
Sean Fowler	Chatswood Lexus
George Weston Foods	Steve Zappia
Harvey Norman Holdings	Platinum Direct Finance
Homebush Export Meat Co	Bulldogs League Club
eGolfScore	Patersons
Plunkett Pharmaceuticals	People Bank
Trevor Mackle	Blaironia
Len Pascoe	Babcock & Brown
Momar Australia P/L	Sydney Airport Corporation
	Cromwell Corporation
	Virgin Atlantic

SPEAKERS GROUP VOLUNTEERS

Alex Bory
Sue Alexander
Allan Smith
Pam & Hilton Beattie
Bill & Margaret Day
Denis Burke
Bob McDonald
Jill Sykes
Jean Nicholson
Stephen Eslake
Bob Young
Julia Fry
Cherie Rice
Carolyn Gardener
David & Maureen Morrison
Jonathan Morgan
David Burns
Reg & Rosalie Newton
David King
Jean Nicholson
Helen Le Marne
Jan Cummings
Jann Hill
Les Norris
Sarah Lines
Sue & Phil Rance

