



## ***Safe mobility behaviour assessment and intervention requirements for people with Parkinson's disease: A consensus based summary***

Volunteers with Parkinson's disease and/or their caregivers are required for a study about safer mobility behaviour in people with Parkinson's disease. The aims of this study are to identify:

What elements should be included in 1) an assessment tool to measure safer mobility behaviours, and 2) an intervention targeting these behaviours, in people with Parkinson's disease?

We are seeking volunteers who are over 40 years of age who have Parkinson's disease and:

- Live in the community in Australia (including retirement villages).
- Can walk independently at least 10 meters with or without a walking aid.
- Who self-identify as having difficulty with walking and/or balance.

OR the caregiver of someone with Parkinson's disease who meets the above criteria.

Taking part in this study will involve 3 rounds of online surveys related to the topic (around 30 minutes each).

This study is being conducted by a team of researchers from the University of Sydney led by A/Prof Natalie Allen and will form part of a PhD project for Mr Daniel Cheung. Please contact Daniel Cheung Ph: +61 2 9351 9119 Email: [daniel.cheung@sydney.edu.au](mailto:daniel.cheung@sydney.edu.au) if you would like to participate in this study.

This study has been approved by the Human Research Ethics Committee (HREC) of The University of Sydney 2023/090.

To take part in this study, please scan the QR code below **or** click this link:  
[https://sydney.au1.qualtrics.com/jfe/form/SV\\_3Vskbnkt1rXAQm](https://sydney.au1.qualtrics.com/jfe/form/SV_3Vskbnkt1rXAQm)

